

MS & Parkinson's Canterbury Calendar January – June 2020

January		
1	We	New Year's Day
2	Th	Day After New Year's
3	Fr	
4	Sa	
5	Sun	
6	Mo	First Day Back MSPD
7	Tu	
8	We	
9	Th	
10	Fr	
11	Sa	
12	Su	
13	Mo	First Day Back for Gym Classes
14	Tu	
15	We	Anna's PD Clinic Day
16	Th	
17	Fr	
18	Sa	
19	Su	
20	Mo	
21	Tu	
22	We	Anna's PD Clinic Day
23	Th	CBC Board Meeting
24	Fr	
25	Sa	
26	Su	
27	Mo	Committee Meeting
28	Tu	
29	We	Anna's PD Clinic Day
30	Th	Ashburton MS Peer Support Group
31	Fr	

February		
1	Sa	
2	Su	
3	Mo	MS & PD Craft Group
4	Tu	
5	We	Anna's PD Clinic Day MS Morning Tea
6	Th	Waitangi Day
7	Fr	
8	Sa	
9	Su	
10	Mo	
11	Tu	Podiatrist
12	We	Anna's PD Clinic Day PSP Group 6 – 7pm
13	Th	Ashburton MS peer Support Group
14	Fr	
15	Sa	
16	Su	
17	Mo	Committee Meeting 4:30pm
18	Tu	Parkinson's Spouses Group 10.30am Under the Red Veranda Rangiora MS Peer Support Group
19	We	Anna's PD Clinic Day
20	Th	Ashburton Morning Tea
21	Fr	
22	Sa	Ashburton MS PSG Terrace View RV
23	Su	
24	Mo	
25	Tu	
26	We	Anna's PD Clinic Day
27	Th	
28	Fr	
29	Sa	

March		
1	Su	
2	Mo	MS & PD Craft Group
3	Tu	Podiatrist Anna's PD Clinic Day
4	We	MS Morning Tea CBC Board Meeting
5	Th	
6	Fr	
7	Sa	
8	Su	
9	Mo	
10	Tu	Anna's PD Clinic Day
11	We	Ashburton MS Peer Support Group
12	Th	
13	Fr	
14	Sa	
15	Su	Committee Meeting 4:30pm
16	Mo	Upbeat
17	Tu	Anna's PD Clinic Day Christchurch MS Peer Support Group
18	We	Parkinson's Spouses Group 10.30am Brunton Home & Garden
19	Th	
20	Fr	
21	Sa	
22	Su	
23	Mo	Anna's PD Clinic Day
24	Tu	
25	We	
26	Th	
27	Fr	
28	Sa	
29	Su	
30	Mo	
31	Tu	

April		
1	We	Anna's PD Clinic Day MS Morning Tea Living Well with Parkinson's
2	Th	CBC Board Meeting
3	Fr	
4	Sa	
5	Su	
6	Mo	MS & PD Craft Group
7	Tu	Podiatrist Anna's PD Clinic Day
8	We	Living Well with Parkinson's
9	Th	
10	Fr	Good Friday
11	Sa	
12	Su	Easter Sunday
13	Mo	Easter Monday
14	Tu	Anna's PD Clinic Day
15	We	Living Well with Parkinson's
16	Th	
17	Fr	
18	Sa	
19	Su	Committee Meeting 4:30pm
20	Mo	Parkinson's Spouses Group 10.30am Riccarton House
21	Tu	Rangiora MS Peer Support Group Men's Social Group Armadillo's Colombo St 4.30 – 6pm Anna's PD Clinic Day
22	We	Ashburton MS Peer Support Group Living Well with Parkinson's
23	Th	
24	Fr	
25	Sa	Anzac Day
26	Su	
27	Mo	Anzac Day Observed
28	Tu	Anna's PD Clinic Day
29	We	Christchurch MS Peer Support Group Living Well with Parkinson's
30	Th	

May		
1	Fr	
2	Sa	Living Well with Multiple Sclerosis
3	Su	
4	Mo	MS & PD Craft Group
5	Tu	Podiatrist
6	We	Anna's PD Clinic Day MS Morning Tea Rangiora Parkinson's Peer Support Group Living Well with Parkinson's
7	Th	CBC Board Meeting
8	Fr	
9	Sa	Living Well with Multiple Sclerosis
10	Su	
11	Mo	
12	Tu	PSP Group 6 – 7pm
13	We	Anna's PD Clinic Day
14	Th	
15	Fr	
16	Sa	Living Well with Multiple Sclerosis
17	Su	
18	Mo	Committee Meeting 4:30pm
19	Tu	Rangiora MS Peer Support Group Men's Social Group Woolston's Sports Bar 4.30 – 6pm
20	We	Anna's PD Clinic Day Ashburton Morning Tea
21	Th	Parkinson's Spouses Group 10.30am Untouched World
22	Fr	
23	Sa	Living Well with Multiple Sclerosis
24	Su	
25	Mo	
26	Tu	
27	We	Anna's PD Clinic Day
28	Th	Ashburton MS Peer Support Group
29	Fr	

June		
1	Mo	Queen's Birthday
2	Tu	Podiatrist
3	We	Anna's PD Clinic Day MS Morning Tea
4	Th	Ashburton MS Peer Support Group CBC Board Meeting
5	Fr	
6	Sa	Living Well with Multiple Sclerosis
7	Su	
8	Mo	
9	Tu	
10	We	Anna's PD Clinic Day
11	Th	Christchurch MS Peer Support Group
12	Fr	
13	Sa	Living Well with Multiple Sclerosis
14	Su	
15	Mo	Committee Meeting
16	Tu	Men's Social Group MSPD 3pm – Harewood Tavern
17	We	Anna's PD Clinic Day
18	Th	Parkinson's Spouses Group 10.30am Spouses Info Day. Chch South Library
19	Fr	
20	Sa	
21	Su	
22	Mo	
23	Tu	
24	We	Anna's PD Clinic Day
25	Th	
26	Fr	
27	Sa	
28	Su	
29	Mo	
30	Tu	

Christchurch MS Peer Support Group	MS Younger People's Peer Support Group	Rangiora Parkinson's Peer Support Group	Committee Meeting	Upbeat	AGM
Ashburton MS Peer Support Group	Podiatrist	Parkinson's Spouses Group	Ashburton Morning Tea	Charity Golf Day	Anna's PD Clinic Day
Rangiora MS Peer Support Group	PSP Group 6 – 7pm	Men's Social Group	Street Appeal	MS Morning Tea	MS & PD Craft Group

